



## Child sickness - can my child attend nursery?

With winter approaching and seasonal coughs, colds, and other germs around, we thought we'd make it clear what illnesses you can and cannot come to the setting with.

If your child is poorly and **not** coming to the setting, please give us a call to let us know why. If you have arranged a COVID-19 test for your child, please let us know as soon as possible so we can prepare in case it is positive. Once you have results please let us know the result by phone or email or messenger. We understand that these times can be frustrating times but please be aware that we are only carrying out government requirements to help keep the whole nursery community safe.

SYMPTOM	ADVICE
<p>Runny nose?</p> 	<p>Keep your child at home until you are sure this is just a common cold, and at least for 48 hours.</p> <p>If any COVID-19 symptoms are present, then you must get a test.</p> <p>Your child may return once they feel well again. Some children have a persistent runny nose through the colder months, but as long as there are no accompanying COVID-19 symptoms, and your child feels well enough to attend we expect to see your child.</p> <p>Generally, if the mucus is thick and green/yellow it could suggest an infection of some sort and medical advice should be sought.</p>
<p>Diarrhoea and/or sickness?</p> 	<p>Please keep your child at home until 48 hours have passed since the last episode of sickness or diarrhoea.</p> <p>Your child should only return after this time has passed and when they feel well enough to do so.</p> <p>If the tummy upset is accompanied by a temperature and/or other COVID-19 symptoms, then you must have a test and your family should self-isolate until the test results are confirmed</p>
<p>Suspected ear infection/urine infection/ tonsillitis?</p> 	<p>As all these illnesses are generally accompanied by a temperature your child will need to be seen by a GP to confirm a diagnosis and to prescribe antibiotics if necessary. After this diagnosis and once 48 hours has passed since their temperature has returned to normal and they are well enough to do so, your child can return to the setting.</p> <p>If the temperature continues and/or other symptoms develop, we will expect you to arrange a COVID-19 test for your child. Until your child tests negative your family will need to self-isolate.</p>



### Child sickness - can my child attend nursery?

<p>Rash anywhere on face or body</p> 	<p>See a GP to have the rash diagnosed. (If this rash does not fade/disappear under the pressure of a clear drinking glass you must seek urgent medical advice by calling 999)</p> <p>If your child is feeling well and 48 hours have passed since the rash appeared and the GP has not been able to diagnose a specific illness your child may return to the setting. If your GP diagnoses a specific illness please follow the exclusion times for that illness.</p>
<p>Conjunctivitis</p> 	<p>There is no exclusion period for this infection, however, your child does need to stay home if they are not feeling well in themselves as they may be unhappy at the setting.</p>
<p>Generally, under the weather / lethargic / tearful and sleepy</p> 	<p>Keep your child at home if you can but please be prepared to have to come and collect them if we feel they are not coping at the setting.</p>